Ascent Academies of Utah
May 2017

Monday May 1st- Cheeseburger (GF, EF, DF) or Chicken Nuggets (EF, DF)	GNG- Chef's Salad (GF)
Tuesday May 2nd- Sloppy Joes (GF, EF, DF) or Corn Dog (GF)	GNG- Cheese Dips with Nacho Chips (GF, EF)
Wednesday May 3rd- Pulled Pork Sandwich (GF, EF, DF) or Club Sandwich (GF, EF, DF)	GNG- Chili Cheese Dog (GF, EF)
Thursday May 4th- Rib B Que Sandwich (GF, EF, DF) or Taco Burger (GF, EF)	GNG- Fruit Parfait (EF)
Friday May 5th- Pizza, Cheese or Pepperoni (GF) or Ham Sandwich (GF, EF, DF)	GNG- Pinwheels (EF)
Monday May 8th- Dippin Sticks (EF) or Chicken Strips (GF, EF, DF)	GNG- BBQ Chicken (GF, EF, DF)
Tuesday May 9th- Meatloaf or Pork Chop (EF, DF)	GNG- Santa Fe Salad (GF, EF)
Wednesday May 10th- Orange Chicken (GF, DF, EF) or Dorito Chicken	GNG- Potato Bowl (EF, DF)
Thursday May 11th- Meatball Sub (EF) or Boneless Chicken Wings (GF, EF, DF)	GNG- Home Made Soup (GF, EF)
Friday May 12th- Pizza, Cheese or 3 Meat (GF) or Turkey Sandwich (GF, DF, EF)	GNG- Hot & Spicy Wrap (EF)
Monday May 15th- Chicken Stir-fry (DF, EF) or *New* Cordon Bleu Casserole* (EF)	GNG- Chef's Choice
Tuesday May 16th- Tacos (GF, EF, DF) or Enchiladas	GNG- Tater Tot Casserole
Wednesday May 17th- Country Fried Steak (GF, EF, DF) or Salisbury Steak (EF)	GNG- Club Sandwich (GF, EF, DF)
Thursday May 18th- Philly Cheese Steak (GF, EF) or Beef & Broccoli (GF, EF, DF)	GNG- Taco Burger (GF, EF)
Friday May 19th- Pizza, Cheese or Pepperoni (GF) or Roast Beef Sandwich (GF, DF, EF)	GNG- Noteables
Monday May 22nd- Spaghetti with Meatballs (EF) or Popcorn Chicken (GF, EF, DF)	GNG- Chicken Alfredo (GF, EF)
Tuesday May 23rd- Nachos (GF, EF) or Chili Cheese Fries (GF)	GNG- Crispy Chicken Salad (EF, DF)
Wednesday May 24th- Breakfast for Lunch (GF, EF)	GNG- Pulled Pork Sandwich (GF, EF, DF)
Thursday May 25th- Chef's Choice	GNG- Chef's Choice
Friday May 26th- Chef's Choice	GNG- Chef's Choice
Monday May 29th- No School	
Tuesday May 30th- Chef's Choice	GNG- Chef's Choice
Wednesday May 31st- Chef's Choice	GNG- Chef's Choice

Menu is subject to change based on availability and freshness
Served Daily, Fresh Garden Salad, vegetables for Dipping, Variety of Fruits, Heinz Condiments, Home Made Ranch, 100% Fruit Juice and Chocolate & White Milk

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